



Two Wells Primary School

Canteen Menu 2019



Every day Lunch Items

☆ Hamburger HOMEMADE GF available	\$4.50
Lettuce, tomato, cheese & sauce	
☆ Chicken Burger HOMEMADE GF available	\$4.50
Lettuce, tomato, cheese & mayo	
☆ Mini cheese or chicken burger HOMEMADE	\$2.50
Cheese with sauce or mayo	
☆ Whole Hot ham & cheese roll	\$4.50
Sliced ham & grated cheese	
☆ Half hot ham & cheese roll	\$2.50
Sliced ham & grated cheese	
☆ Hawaiian Hot Roll	\$4.50
Chicken, pineapple, lettuce and mayo	
☆ Creamy chicken pasta with veg (LARGE)	\$4.50
HOMEMADE DF	
☆ Creamy chicken pasta with veg (SMALL)	\$3.00
HOMEMADE DF	
☆ Tuna Mornay with corn & garlic bread (LARGE)	\$4.00
HOMEMADE DF	
☆ Tuna Mornay with corn & garlic bread (SMALL)	\$2.50
HOMEMADE DF	
☆ Spaghetti bolognese (LARGE)	\$4.50
HOMEMADE GF available	
☆ Spaghetti bolognese (SMALL)	\$3.00
HOMEMADE GF available	
☆ Chicken tender wrap	\$4.00
Lettuce, carrot, cheese, mayo or sweet chilli sauce	
☆ Garlic & cheese long roll	\$2.50
☆ Nachos HOMEMADE	\$4.00
Plain corn chips, homemade meat sauce & cheese	
☆ Pizza	\$4.00
1) Ham & pineapple	2) Ham & Cheese
3) BBQ chicken	4) BBQ Chicken with pineapple
☆ SPC baked beans 220g E GF	\$2.00
☆ SPC numbergetti 220g E	\$2.00
❖ ROLL ≈ SANDWICH ≈ WRAP ❖	
☆ Ham, Chicken or Tuna & salad	\$4.50
Lettuce, cheese, tomato, cucumber, carrot & mayo	
☆ Ham, Chicken or Tuna & Cheese	\$3.50
☆ Ham, Chicken or Tuna	\$3.00
☆ Egg or Cheese	\$2.00

Monday Special

☆ Mrs Mac's Good Eating Snack Pie	\$2.50
☆ Mrs Mac's Good Eating Sausage Rolls 120g E GF	\$3.50
☆ Party Dinosaur Pasty HOMEMADE	\$2.50
☆ Mini Sausage Rolls (pk 3) HOMEMADE	\$2.00
☆ Individual Mini Sausage Rolls HOMEMADE	\$0.80
☆ Wedges	\$4.00
Tomato sauce or sour cream & chilli sauce	

Tuesday Special

☆ Hot dog & sauce (tomato or BBQ)	\$3.50
☆ ½ hot dog & sauce (tomato or BBQ)	\$2.00
☆ Hot dog, cheese & sauce (tomato or BBQ)	\$4.00
☆ ½ hot dog, cheese & sauce (tomato or BBQ)	\$2.50

Wednesday Special

☆ Chicken Nuggets	\$0.80
☆ Nugget roll	\$3.50
Buttered long roll, 4 nuggets & sauce	
☆ Cheesy nugget roll	\$4.00
Buttered long roll, 4 nuggets, cheese & sauce	

Thursday Special

☆ 2x Steamed Dim Sims (vegie) with fried rice HOMEMADE rice	\$4.00
☆ 1x Steamed Dim Sims (vegie) with fried rice HOMEMADE rice	\$3.00
☆ Lasagne with sweet potato fries HOMEMADE	\$4.50

Friday Special

☆ 2x Chicken tender strips & chips	\$4.50
☆ 4x Fish nuggets & chips	\$4.50
☆ Fish nuggets	\$0.80
☆ Fish finger roll	\$3.50
Lettuce, cheese & mayo	
☆ Fish finger	\$0.80

For a meal deal add \$2.00 to any order!

Just write on your lunch order bag you would like the meal deal and what flavour focus water and treat you'd like.

❖ Focus Water – raspberry or lemonade

❖ 1 TREAT – honey joy, banana & oat cookie or savoury mix. You choose!



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Every Day Recess + Lunch Items

Vanilla choc chip cookies	E	\$1.00
Chocolate choc chip cookies	E	\$1.00
Plain popcorn	GF	\$1.00
Wafer biscuits		\$0.10
Chocolate, strawberry & vanilla flavour		
Chips		\$1.30
Grain waves sour cream		
Red rock deli honey soy chicken		
Smith's salt & vinegar	GF	
Smith's original	GF	
Jelly & fruit	GF	\$1.00
Carrot sticks with dip	GF	\$0.60
Crackers, cheese & dip		\$0.80
Slinky Apples		\$0.80
Savoury mix (cup)		\$1.00
Dried fruit mix (cup)		\$1.00
Honey joys (no added sugar)	HOMEMADE	\$0.50
Banana & oat cookies	DF EF SF HOMEMADE	\$0.50
Carrot cake bliss balls	HOMEMADE	\$0.20
Little apple cakes	DF EF SF HOMEMADE	\$0.20
Fruit smoothies		\$1.00
Frozen grapes		\$0.20

Available Recess Only

Monday – Pizza Muffins		\$0.60
Tuesday – Mini Muffins	E	\$0.30
Tuesday – Big Muffins	E	\$0.80
Wednesday – Mini Quiches	E HOMEMADE	\$0.80
Thursday – Hash Browns		\$0.50
Friday – Pancakes	E	\$0.60

Ice Creams – Available

Zooper Doopers	\$0.50
Calippo Mini	\$1.00
Icy twists	\$1.00
Strawberry ice cream cup	\$1.20
Vanilla ice cream cup	\$1.20
Chocolate paddle pop	\$2.00
Banana paddle pop	\$2.00
Rainbow paddle pop	\$2.00
Swing (chocolate & strawberry)	\$2.00
Chocolate paddle pop thickshake	\$2.50

Every Day Recess + Lunch Items

Flavoured milk 375ml	GF	\$2.80
Flavoured milk 250ml	GF	\$2.30
Nippys juice 300ml	GF	\$2.20
Nippys juice 250ml	GF	\$1.70
Water	GF	\$1.00



Green category foods are the healthiest choices and should be encouraged and promoted. **Amber** – more processed foods, with some added salt, sugar and or fat, **MAY** fall into the **amber** section. **If vegetarian options required please see Canteen staff.**

GF = Gluten Free please specify on lunch bag **E** = Contains Egg **DF** = Dairy Free
Please include your child's name, the name of their teacher/or room number on lunch bag. Change will be returned at lunch time only. No credit accounts available. Ice blocks/creams cannot be ordered through lunch order bags. They can be brought directly from the canteen. Food brought from home cannot be heated up in the canteen due to health regulations.